

EUSUHM CONGRESS 2015

Programme

THURSDAY 4 JUNE 2015

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09:00 - 10:00	Delegate Registration				
10:00 - 10:20	Opening Ceremony. Moderator: Hannes Hermaküla, journalist Opening remarks: Rector Tiit Land, Tallinn University				
10:20 - 11:30	Plenary Session				
10:20 – 11:00	1. Risk factors for developmental problems in children and youth. Professor Willy-Tore Mørch, Tromsø University, Norway				
11:00 – 11.30	2. Effects of media violence and computer games on child and youth mental health. Professor Kevin Browne, Nottingham University, United Kingdom				
11:30 - 12:00	Coffee Break and Poster Presentation				
Parallel Sessions I					
12:00 - 13:30	<p style="text-align: center;">EUSUHM CONGRESS SESSION 1</p> <p>HARMFUL BEHAVIOUR AND SUBJECTIVE WELLBEING – CROSS CULTURAL COMPARISON AND APPROACHES FOR PREVENTION Chairs: Mikko Murtonen, Finland and Marge Reinap, Estonia</p> <p>Bullying among university students in four countries: associations with health and wellbeing – Maili Pörhöla, Finland</p> <p>The main trends of aggressive</p>	<p style="text-align: center;">EUSUHM CONGRESS SESSION 2</p> <p>MENTAL HEALTH AND WELLBEING IN SCHOOLCHILDREN AND ADOLESCENTS Chairs: Susanne Stronski, Switzerland and Krystiine Liiv, Estonia</p> <p>Psychoemotional state and health of secondary school students. Irina Zvezdina, Russian Federation</p> <p>Self-esteem and risky behaviours in first year</p>	<p style="text-align: center;">EUSUHM CONGRESS SESSION 3</p> <p>SCHOOL, HEALTH AND WELLBEING Chairs: Zeljka Karin, Croatia and Ene Tomberg, Estonia</p> <p>High school enrollment of children with developmental disabilities in Split and Dalmatian County, Croatia – Željka Karin, Slovenia</p> <p>School environment and</p>	<p style="text-align: center;">EUSUHM CONGRESS SESSION 4</p> <p>THE EVALUATION OF (NEW) SCREENING AND ASSESSMENT TOOLS IN YOUTH HEALTH CARE Chairs: Henrique Sachse, The Netherlands and Taisi Kõiv, Estonia</p> <p>Tool for early identification of specific language impairment. Babette Diepeveen, The Netherlands</p> <p>The Flemish Digit Triplet</p>	<p style="text-align: center;">EUSUHM CONGRESS WORKSHOP 1</p> <p>ORGANISATION OF YOUTH HEALTH CARE Chair: Mascha Kamphuis, The Netherlands</p> <p>Preventive Youth Health Care in The Netherlands: effective and unique. Time to exchange experiences. Mascha Kamphuis, The Netherlands</p> <p>Collaboration within</p>

	<p>behaviour and bullying in Russian adolescents – <i>Vladislav Kuchma, Russian Federation</i></p> <p>The importance of prevention of adolescent's suicide – <i>Mimi Karovska, Macedonia</i></p> <p>Drugs, ... how to help youth? <i>Ene Tomberg, Estonia</i></p>	<p>medical students university of Zagreb in Croatia. <i>Vesna Jureša, Croatia</i></p> <p>Raising up or laying down - a bidirectional effect of internet on students' wellbeing. <i>Marjo Tossavainen, Finland</i></p> <p>Growth Guide Booklets, Website and App for Parents in the Netherlands. <i>Anneke Kesler-Koppe, The Netherlands</i></p>	<p>personal indicators that support Estonian pupils' subjective wellbeing – <i>Marika Ratnik, Estonia</i></p> <p>Exploring causes of mental health problems in gifted children and adolescents - <i>Ciska Pieters, Belgium</i></p> <p>School performance, body constitution and the augmentation index in young adolescents – <i>Bernarda Vogrin, Slovenia</i></p> <p>Occupational wellbeing balance at schools in Finland and Estonia – <i>Terhi Saarinen, Finland</i></p>	<p>speech-in-noise test: on-field evaluation for noise-induced hearing loss in schoolchildren in Flanders. <i>Katelijne Van Hoeck, Belgium</i></p> <p>To screen or not to screen for adolescent idiopathic scoliosis. <i>Jacqueline Deurloo, The Netherlands</i></p> <p>Should we exclude children with overweight or obesity from height reference samples? Data from Belgium and Norway shows that it makes little difference. <i>Mathieu Roelants, Belgium</i></p> <p>Evaluation of the new preventive health check-up for adolescents. <i>Liesbeth Meuwissen, The Netherlands</i></p>	<p>schools: the role of Finnish school doctors. <i>Elina Hermanson, Finland</i></p> <p>What does a Finnish school doctor do? <i>Bianca Arrhenius, Finland</i></p> <p>Focused examination in school health services. <i>Kirsi Nikander, Finland</i></p> <p>Model of health care units' prevention activities in educational institutions. <i>Vladislav Kuchma, Russian Federation</i></p>
13:30 - 14:30	Lunch and Poster Presentation				

Parallel Sessions II					
14:30 - 16:00	<p>EUSUHM CONGRESS SESSION 5</p> <p>HEALTHY LIFESTYLE IN SCHOOLCHILDREN AND STUDENTS – PREVALENCE AND PREVENTION Chairs: Mirjam Edelsten, United Kingdom and Tiia Pertel, Estonia</p> <p>Ethnic differences in tracking pattern of BMI between Dutch, Turkish, Moroccan and South Asian children from 3 through 15 years: a historical cohort. <i>Jeroen De Wilde, The Netherlands</i></p> <p>The health behaviour and BMI of male Finnish university students – <i>Maisa Kuusela, Finland</i></p> <p>Binge drinking among medical students of the university of Zagreb – shouldn't they know better? <i>Marjeta Mayer, Croatia</i></p> <p>Alcohol drinking as a predictor of elevated blood pressure in Croatian youth. <i>Vera Musil, Croatia</i></p>	<p>EUSUHM CONGRESS SESSION 6</p> <p>CHALLENGING STRATEGIES OF TIMELY DETECTION AND TREATMENT Chairs: Michaela Behr, Germany and Sirje Vaask, Estonia</p> <p>Screening and treatment of childhood obesity in school health care in Finland; preliminary results of obesity incidence, continuity and risk factors. <i>Paula Häkkänen, Finland</i></p> <p>Mixed disorder of conduct and emotions: school doctor vs psychiatric treatment, case report. <i>Jelena Burazin, Croatia</i></p> <p>The problem of children's mental health demands timely detection, diagnosis and cooperation of specialists from diverse fields. <i>Anne Tiko and Aavo Luuk, Estonia</i></p> <p>Cognitive and body</p>	<p>EUSUHM CONGRESS SESSION 7</p> <p>FROM RESEARCH TO INTERVENTION IN SCHOOL HEALTH CARE Chairs: Miroslava Kac, Slovenia and Karin Streimann, Estonia</p> <p>Care and research for children with psychosocial problems: academic collaborative centers. <i>Paul Kocken, The Netherlands</i></p> <p>Mental health promotion - Practices and resources of school health staff in North Karelia, Finland and the City of Petrozavodsk, Republic of Karelia, Russia. <i>Kirsi Bykachev, Finland</i></p> <p>Implementation of HPV vaccination through the school preventive health care programs in Slovenia. <i>Janja Schweiger-Nemanic, Slovenia</i></p> <p>Addressing medical absenteeism in lower pre-vocational students:</p>	<p>EUSUHM CONGRESS WORKSHOP 2</p> <p>NURSES IN YOUTH HEALTH CARE – COMPETENCIES AND PROFESSIONAL PROFILE Chairs: Marja van Kuppevelt, The Netherlands and Tiina Tõemets, Estonia</p> <p>The Youth Health Nurse matters! <i>Monica Bulcke, Belgium; Marja van Kuppevelt and Betty Bakker-Camu, The Netherlands</i></p> <p>School nurse promoting student's health – <i>Eve Karumaa and Tiina Tõemets, Estonia</i></p> <p>Evaluation tool in school health care practice - the experience in Sweden and Estonia. <i>Ann-Louise Rubin, Sweden, Inga Raudsepp and Kädi Lepp, Estonia</i></p>	<p>EUSUHM CONGRESS WORKSHOP 3</p> <p>GUIDELINES IN YOUTH HEALTH CARE – DEVELOPMENT AND IMPLEMENTATION Chair: Karel Hoppenbrouwers, Belgium</p> <p>Guidelines in preventive youth health care: lessons learned and possibilities for international collaboration. <i>Jacqueline Deurloo, Margot Fleuren, Mascha Kamphuis and Paul Verkerk, The Netherlands; Katelijne Van Hoeck and Karel Hoppenbrouwers, Belgium</i></p> <p>Vision screening in Flemish school health services: report of computerized registration since 2005. <i>Karel Hoppenbrouwers, Cécile Guérin, Katelijne Van Hoeck and Moniek De Keyser, Belgium</i></p>

	<p>Substance (ab)use and life habits among university student at the university of Leuven, Belgium. <i>Maura Sisk, Belgium</i></p>	<p>oriented short-term group therapy for students with obsessive compulsive disorder (OCD). <i>Kimmo Häärä, Finland</i></p> <p>A narrative therapy for body image disorders in adolescence and youth: Estonian and Italian case studies of chest wall deformities. <i>Davide Ticchi, Estonia</i></p>	<p>effectiveness of a public health intervention. <i>Yvonne Vanneste, The Netherlands</i></p>		
16:00 - 16:30	Coffee Break and Poster Presentation				
16:30 - 18:00	Plenary Session				
16:30 – 17:00	1. Maximizing the likelihood of a good life: risk and protective factors in the lives of adolescents. Professor Inga-Dora Sigfusdottir, Reykjavik University, Island				
17:00 – 17:30	2. Cognitive-behavioral therapy and innovative methods to support young people`s mental health. Kärt Lust-Paal, Clinical Psychologist At Noviti, Estonia				
17:30 – 18:00	3. Spotlight on Young Caring. Dr Els Jonker, The Netherlands				
19:00	Bus transfer				
19:30 - 23:00	Conference Dinner				
FRIDAY 5 JUNE 2015					
09:00 - 10:15	EUSUHM GENERAL ASSEMBLY				
09:30 - 10:30	Coffee/Light food and snacks Poster Presentation				
10:30 - 12:30	Plenary Session. Moderator: Kaidor Kahar, journalist				
10:30 – 10:40	Opening remarks: Rannar Vassiljev, Minister of Health and Labour				
10:40 – 11:15	1. What works in promoting the mental health and wellbeing of children and youth? Professor Margaret M. Barry, The World Health Organization Collaborating Centre for Health Promotion Research at the National University of Ireland Galway				

11:15 – 11:50	2. Behavioural Vaccine for Prevention of Mental, Emotional, Behavioural and Related Physical Disorders. Dennis D. Embry, PhD, president/senior scientist PAXIS Institute, USA			
11:50 – 12:15	3. Trends and influences of schoolchildren health and health behaviour. Tiia Pertel, National Institute for Health Development, Estonia			
12:15 - 13:30	Lunch and Poster Presentation			
Parallel Sessions III				
13:30 - 15:00	EUSUHM CONGRESS SESSION 8	ESTONIAN HEALTH PROMOTING CONFERENCE SESSION 1	ESTONIAN HEALTH PROMOTING CONFERENCE SESSION 2	ESTONIAN HEALTH PROMOTING CONFERENCE SESSION 3
	<p>YOUTH HEALTH FRIENDLY SERVICES – A MATTER OF COMPETENCES AND INTEGRATION Chairs: Karel Hoppenbrouwers, Belgium and Kädi Lepp, Estonia</p> <p>Shared decision-making by Youth Health Care professionals and parents/teenagers in the assessment of needs for support. <i>Nathalie Leeuwenburgh, The Netherlands</i></p> <p>Competences in developmental assessment in young children: design of an educational program for youth health care professionals based on whole-task learning. <i>Karel Hoppenbrouwers, Belgium</i></p> <p>Programme for Finnish</p>	<p>WEB-BASED MENTAL HEALTH INTERVENTIONS FOR YOUNG PEOPLE Chair: Daniel Soomer, Estonia</p> <p>Online and digital therapy. <i>Svein Overland, Clinical Psychologist, co-owner of SuperEgo AS, Norway</i></p> <p>E-counselling and interactive self-help tools for children and young people. <i>Anna-Kaisa Oidermaa, Clinical Psychologist in NGO Head Matters, estonia</i></p> <p>Web-based applications for mental health. <i>Merike Sisask, Executive director and senior researcher in Estonian-Swedish Mental Health and</i></p>	<p>PARENTING SKILLS FOR PROMOTION OF CHILDREN'S MENTAL HEALTH Chair: Anniki Lai, Estonia</p> <p>Parents' attitudes towards children's alcohol consumption – results from the Effect program. <i>Mariliis Tael, National Institute for Health Development, Estonia</i></p> <p>How works the program Incredible Years? First experiences from Estonia. <i>Ly Kasvandik, National Institute for Health Development, Incredible Years Group Leader</i></p> <p>Incredible Years program experiences in Norway <i>Siri Gammelsøter, Regional Centre for Child and Youth Mental Health and Child Welfare, Norway</i></p>	<p>MENTAL HEALTH IN SCHOOL AND IN PRESCHOOL Chair: Pille Liblik, Estonia</p> <p>Schoolchildren wellbeing and mental health: Results from the HBSC 2014 study. <i>Krystiine Liiv, Karin Streimann, National Institute for Health Development</i></p> <p>Universal prevention for schools through playful methods. <i>Kai Klandorf and Aire Trummal, National Institute for Health Development and Kerli Prass</i></p> <p>Bulling free pre-school. <i>Merit Lage, Estonian Union for Child Welfare</i></p>

	<p>physicians to gain special competences in adolescent health. <i>Elina Hermanson, Finland</i></p> <p>Integrated services to support children's mental health in Estonia. <i>Tiina Tõemets, Estonia</i></p> <p>The Youth Health Care in better position. <i>Frank Van Leerdam, The Netherlands</i></p>	<i>Suicidology Institute</i>	<p>VoorZorg/NFP, an effective early intervention for high risk young (pregnant) women. <i>Elle Struijf, GGD Hollands Noorden</i></p>	
15:00 - 15:30	Coffee break and Poster Presentation			
15:30 - 17:00	Plenary Session			
15:30 – 15:50	1. Children`s mental health centres in Estonia. <i>Dr Anne Kleinberg, Tallinn Children Hospital, Estonia</i>			
15:50 – 16:10	2. Parent education in Norway. <i>Siri Gammelseter, Regional Centre for Child and Youth Mental Health and Child Welfare, Norway</i>			
16:10 – 16:30	3. Evidence into practice: The Reykjavik Leisure Card. <i>Gisli Arni Eggertsson, Reykjavik City and Jon Sigfusson, Reykjavik University, Island</i>			
16:30 - 17:00	Closing Ceremony			